

# 3rd Annual Kismet Cliff Run



**Sunday, September 18, 2011**

**Start Time: 10:00 AM**

## The Race ~ Sponsored by La Sportiva

- A challenging, five mile course starts and finishes at Echo Lake State Park, travelling around beautiful Cathedral and Whitehorse Ledges. Enjoy steep climbs and descents, technical single track, stunning views and an elevation gain of approximately 1,100 feet.
- USATF sanctioned event and part of the Eastern New England Trail Running Series.
- After the race, food from Kearsarge Cafe and prizes.



**Registration:** \$20.00 pre-registration or \$25.00 day of the race

Online at [www.active.com](http://www.active.com) or complete the application below and mail to:

**Kismet Rock Foundation, PO Box 1744, North Conway, NH 03860**

**Checks should be made payable to Kismet Rock Foundation.**

FMI contact: Gabe Flanders ~ 603.986.5275 ~ [gflanders@gmail.com](mailto:gflanders@gmail.com)

**The Beneficiary:** [www.kismetrockfoundation.org](http://www.kismetrockfoundation.org)

Kismet Rock Foundation enhances the physical and emotional development of well-functioning disadvantaged children by providing access to the immense value of a comprehensive education in technical rock climbing.

**Directions:** From the north end of North Conway Village (two blocks north of Schouler Park), turn left at the traffic light at River Rd. After crossing the Saco River, take your first left onto West Side Rd. Take your first right onto Echo Lake Rd, which leads to the parking area for Echo Lake State Park.

**PLEASE PRINT CLEARLY ~ Pre-Registration \$20.00 ~ Mail Checks to the address above**

**Name:** \_\_\_\_\_ **M/F:** \_\_\_\_\_ **Age as of 09/18/11:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Club:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_ **email:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Parent/Guardian (if under 18):** \_\_\_\_\_

In consideration of acceptance of this entry, I hereby for myself, my heirs and my executors and administrators waive and release any and all damages against Kismet Rock Foundation, Echo Lake State Park, the directors of the Race, and their assigns, representatives and successors for any and all injuries or illness which directly results from my participation in this race. I attest and verify that I am physically fit and have sufficiently trained for this event. Further, I hereby grant permission to any of the foregoing to use any photo or any record of this event for any legitimate purpose.